# STOKE SCHOOL OF ANAESTHESIA TRAINEE NEWSLETTER





Welcome to your 1<sup>st</sup> Trainee Newsletter!

Hopefully everyone will have settled into their new roles in their new Hospitals. If you are new to the Stoke School — Welcome! We are a friendly school with lots of opportunities so we hope you enjoy your time here!!

## INTRODUCING YOUR NEW STOKE SCHOOL REPRESENTATIVES



Thomas Chapman

ST7

I am currently at UHNM doing my advanced obstetric anaesthesia module. I have been in the Stoke School since my ST3 and have been the Stoke School rep since February 2017. If you need to get hold of me for anything trainee related, my email is thomaschapman@doctors.org.uk



Dave Robinson

ST4

Currently at New Cross Hospital Wolverhampton, I have been an 'Honorary Stokie' since attending Keele University and completing both Foundation and Core training in Stoke School. I have recently taken over from Matthew Heald as Stoke School Rep. Feel free to contact me with any issues at robbo5@doctors.org.uk



Syma Sunny

ST7 - LTFT rep

I am currently working in NX as an ST7 doing advanced general modules. I started in the Stoke school as an ST2 in 2007, converting to a less than full time (LTFT) working pattern from 2012. I have been LTFT trainee rep from September 2016. You can contact me on sunnysun@doctors.org.uk

### TRAINING PROGRAMME DIRECTORS

ST: Dr John Dyer

Consultant at Wolverhampton

Email: johndyer1@nhs.net

CT:

Dr Chris de Klerk

Consultant at SATH

Email: chris.deklerk@sath.nhs.uk

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#### ARCP NEWS

Lots of information about the ARCPs are located on the Stoke School Website: <a href="https://www.stokeanaesthesia.org.uk">www.stokeanaesthesia.org.uk</a> Please make sure you utilize this resource!

Just to clarify a few things...

- 1. Please only have 2 logbooks linked to your ARCP. One for the current year in training and one to cover all CT or ST training. Please ensure that these are the only ones linked to your ARCP
- 2. Certificates for ALS/Child Protection/Equality & Diversity which last for more than one year still need to be uploaded to each years ARCP

The ARCP panel in the Stoke School are usually really friendly so don't worry about it if you have done all that is expected!!

# TRAINEE EXCELLLENCE AWARDS

If you think that a trainee has achieved something excellent and you think that they deserve recognition...please nominate them for an Excellence Award. This is done via the Stoke School Website.

Recent recipients are:

Felicity Avann Gurinder Malhi

Steve Lord Syma Sunny

Sarah Basterfield Prab Kler

Sorana White Liz Willetts

Lara Allen

#### LTFT NEWS

Just a reminder.....

There is a reference Guide to LTFT on the Stoke School website, which should cover the basics.

**Stage 2 LTFT forms** (found on the HEWM website) should be filled in for every new change in hospital (including extension in the same hospital), change of speciality and change in percentage. This should be submitted 6 weeks before the start of the post so please start the process early. It is now an online form requiring digital signatures only. Instructions are on the HEWM website.

Please email them to both <u>Helen.Goodyear@hee.nhs.uk</u> and <u>ltfttraining.wm@hee.nhs.uk</u>.

There is a LTFT Whatsapp group. If you are interested in joining, contact your LTFT rep. Any questions, please get in touch!

Points of contact: LTFT Stoke School Rep: Syma Sunny

LTFT UHNM Rep: Lisa Bouras

Specialty Advisor: Dr Rebecca Micklewright

## OTHER NEWS & INFORMATION

#### Exam

If you are pre-fellowship; there is an SAQ writers club run by Amit Bhagwat. Please contact him for more information:

traineeeducation1@gmail.com

There is also a primary FRCA teaching website, you need a Gmail address and then email Felicity on <a href="mailto:felicity.avann@doctors.org.uk">felicity.avann@doctors.org.uk</a> for the link.

## Trainee Prize Giving Evening

The next Prize Giving evening is on 12<sup>th</sup> October at County Hospital, Stafford, starting at 19.00. Please make every effort to attend. There is a Post Fellowship Study Afternoon from 13.00 prior to the Prize Giving, so book study leave to attend!

Please nominate trainers for trainer of the year. All consultants involved in training can be nominated, email Syma with your nomination and why! Thanks!

## Stoke School Teaching

There is a program run for the trainees at both Primary and Final level. This requires you to book study leave. Attendance is mandatory and at least 70% must be attended for an Outcome 1 at ARCP. Lots of work goes into providing these programs, so please attend and give feedback so it can be improved if at all!!

## Courses/Study Days

There is a Tri-School Post-Fellowship Study day at UHCW, Coventry on 21<sup>st</sup> Sept 2017.