

STOKE SCHOOL OF ANAESTHESIA TRAINEE NEWSLETTER



MARCH 2019
ISSUE 5

Trainee Conference 2019

3-5 July 2019, Telford International Centre



Association
of Anaesthetists

Book today www.gatasm.org

West Midlands faculty, join us for:

- Top-quality anaesthesia education, professional development, exam technique, abstracts and wellbeing
- Special keynote lectures from Dr Peter Homa, Chair, NHS Leadership Academy and Dr Colin Melville, Director of Education and Standards, General Medical Council
- Special Trainee Conference dinner at the RAF Cosford Museum
- Exclusive booking rates for Association members and new one-day fees

*Welcome to your 5th
Trainee Newsletter.*

It may be a little too late to say it but...Happy New Year to you all!!

There are a lot of exciting events and opportunities both within the Stoke School and the wider deanery this year, so please keep a look out for all the relevant information.

Trainee Prize Evening

**Tuesday 21st May 2019 at the
Stafford Postgraduate Medical
Center**

This always proves to be both an excellent educational and social event, providing a great chance to catch up with colleagues past and present. Also remember the Post-Fellowship Study afternoon, further details found overleaf.

Trainer of The Year

Building on the success of last year's trainer of the year award, won by Dr Netke at New Cross, we will again be accepting nominations from across the Stoke School leading up to the Trainee Prize Evening.

This is a great chance for trainees to show their appreciation for those Consultants and Associate Specialists who go the extra mile to provide excellent teaching and support for us.

For Your Interest...

The Birmingham School is hosting a Tri-School study day on *Cardiopulmonary Exercise Testing* on Monday 1st April 2019 for post-fellowship trainees. This is a free one-day course held at Russels Hall Hospital. Please email roisinbaker10@doctors.org.uk to book a place.

Advanced Airway Study Day at Keele University, 26th June 2019. Application form at <http://www.stokeanaesthesia.org.uk>

TRAINING PROGRAMME DIRECTORS

ST: Dr Chris de Klerk
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CT: Dr Shashank Agarwal
Consultant at New Cross
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FOLLOW US ON



MODULE AND ARCP NEWS

Lots of information including specific Module Handbooks and ARCP checklists are available on the Stoke School Website:

www.stokeanaesthesia.org.uk

Please make sure you utilise this resource!

TRAINEE EXCELLENCE AWARDS

If you think that a trainee has achieved something excellent and you think that they deserve recognition...please nominate them for an Excellence Award. This is done via the Stoke School Website.

Recent recipients are:

Dr Prab Kler and Dr Sunil Dondapati

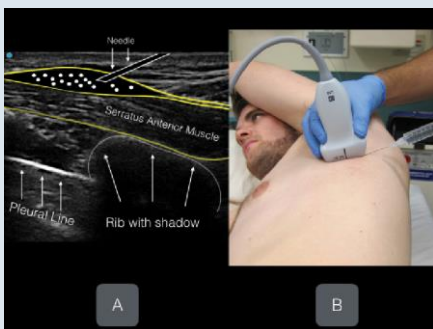
OTHER NEWS & INFORMATION

Exams

Congratulations to all those who were successful in the recent Final FRCA and Primary FRCA examinations, and good luck to those who are currently sitting them!!!

Post-Fellowship Study Afternoon

Tuesday 21st May 13:30
Postgraduate Medical Centre
County Hospital Stafford



A chance to get hands on practice and teaching with Point of Care Lung Ultrasound, Serratus Plane and Fascia Iliaca blocks, and Spinal Ultrasound anatomy to guide Central Neuraxial procedures.

Look out for the programme and book study leave in advance!

Exception Reporting

Exception reporting is the mechanism to ensure that training can be safeguarded, workloads kept manageable, and safeguards maintained both for your health and the safety of the patients you look after.

Any concerns surrounding missed educational and training opportunities, or levels of support during service commitments should be exception reported.

This is also a useful tool to force change with regard to the provision of adequate rest facilities for both on call periods, and pre-/post- on calls.

Each hospital has its own system which is usually a form completed and submitted online.

Please think about this if you have any issues or concerns.

This is the only mechanism that gives real power to the college tutors to force change where it is needed.

Stoke School Teaching

Most of the dates and topics have been set for the 2019 FRCA teaching programme.

This is a fantastic opportunity for exam preparation and group learning, so please take the time to check dates and put your study leave requests in early.

At least 70% attendance is mandatory for the Primary and Final FRCA teaching. It is not expected you attend pre- or post- on call, but please let Ann Moore know if you cannot make the teaching. As well as being good manners, this will inform the panel at ARCP so it is in your best interests to do so!

There is no minimum attendance requirement for Post-Fellowship trainees, who are just required to show evidence of CPD activity on their portfolios. Remember the Professional Development Course provided by the West Midlands Deanery which is mandatory for exit ARCP.