

# Stoke School of Anaesthesia News Letter

October 2021 Issue 9



Hello and welcome (or welcome back!).

We hope that everyone is well and has settled in well to their new hospitals. We (the Stoke School Trainee Reps) have put together this newsletter to hopefully update everyone on developments at school and regional level. If there is anything that you would like to be included in the next trainee newsletter or any concerns that you have about training/rotations please let us know at ([stokeschoolreps@gmail.com](mailto:stokeschoolreps@gmail.com)) or feel free to contact any of us individually.

## Your Representatives

Stoke School Trainee Rep:

**Yoshimi Ito (RWT)**

**Nikki Faulkner (RSH)**

Stoke School LTFT Rep:

**Naomi Squires (RWT)**

**Zulqarnain Majid (UHNM)**

Stoke School Core Trainee Rep:

**Kanika Daga (RWT)**

There are trainee reps/service leads at each hospital, who arranges junior doctor forums (JDFs). If you have any issues please contact one of us, or your hospital contact.

## SPA Time

The new curriculum includes SPA time for all trainees.

Stage 1 trainees: 2hrs/week

Stage 2 trainees: 3hrs/week

Stage 3 trainees: 4hrs/week

It is to be used to achieve the non-clinical domains in the portfolio (audit/ QIP/ teaching/management) and for LLP. It has been highlighted at the college tutor meeting that the ARCP panel is less likely lenient with poor LLPs. It has been agreed that SPA time is to be spent on site to be available for clinical work if needed. In which case the SPA time should be rescheduled. If you are not getting SPA time please speak to your educational supervisor/guardian of safe working hours.

## Exams Update

The college has released an apology statement after the Final Written Result pass letters have been shared with each candidate who has passed the exam. They have reassured the candidates that the exam pass result is correct. The information that has been shared is the name, College Reference Number and the exam result. They are in the process of reporting to the Information Commissioner's Office. If you would like to speak to a member of the exam team, please contact them at [exams@rcoa.ac.uk](mailto:exams@rcoa.ac.uk) If this has affected you and there is anything that we can do to help please let us know.



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*@StokeGas*

### **Core Trainee Teaching**

Dr Uppungonduri is looking for a senior trainee to help organise the regional core trainee teaching. Please contact him if you are interested.

([sreekanthuppugonduri@nhs.net](mailto:sreekanthuppugonduri@nhs.net)).

### **Recruitment**

There will be an extra ST4 recruitment round in Feb 2023 in addition to the recruitment round in August 2023. HEE have announced 100 extra anaesthetic training posts across the country.

### **LTFT**

There has been a recent implementation of Category 3 LTFT across the Midlands. This means that a trainee can choose to train LTFT as a personal choice. There will be a biannual application window for Category 3. The next application window will be between 28<sup>th</sup> February 2022 and 28<sup>th</sup> March 2022.

There are no changes to Category 1 & 2 applications.

If you have any questions about LTFT, please contact our LTFT trainee reps.

### **WM Trainee Research Anaesthetics / ICM Network**

WMTRAIN is hosting a virtual evening journal club once a month with guest speakers, and trainee presentation, with certificates provided. This month is on 26<sup>th</sup> October at 7pm, on the topic of novel inflammatory biomarkers. If you are interested in attending please email [chair.wmtrain@gmail.com](mailto:chair.wmtrain@gmail.com)

### **Sustainability**

Climate emergency is a health emergency. If the worldwide healthcare system were a country, it is the fifth largest emitter of carbon. Within the NHS, the anaesthetic gases contribute to 5% of the carbon footprint. NHS had pledged on delivering a Net Zero Healthcare Service. As an anaesthetist, we have a unique opportunity and an obligation to intervene.

GAIN-WM (Greener Anaesthesia and Intensive care Network West Midlands) has been established in 2020, and is an excellent platform for information, education, and networking on issues related to environmental sustainability. They have regular on-line meetings and education. If interested please contact: [gainwestmids@gmail.com](mailto:gainwestmids@gmail.com)

### **Trainee Excellence Awards**

A reminder that you can nominate fellow trainees for a trainee excellence award via "Trainee Commendation" link on the Stoke School of Anaesthesia website.

<http://stokeanaesthesia.org.uk/excellence-awards/>

They act as a boost for nominees and look great of their CV!! WM

### **Trainee Programme Directors**

ST: Dr Chris de Klerk Consultant at SATH Email: <a href="mailto:c.deklerk@nhs.net">c.deklerk@nhs.net</a>	CT: Dr Shashank Agarwal Consultant at New Cross <a href="mailto:shashank.agarwal1@nhs.net">shashank.agarwal1@nhs.net</a>
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